



The Good News Letter

June 2004 ♦ Volume 10 Number 6

Timely News for St. David's and St. John's Episcopal Churches

Reflections from Father Ben

The Day of Pentecost & Trinity Sunday

A pair of major festivals mark the end of the Easter season and the beginning of what some call, "That long stretch of green, which symbolizes the Sundays after Pentecost or Ordinary Time." The month of May closed with the celebration of Pentecost or Whitsunday—in which we took pause to commemorate the coming and indwelling of the Holy Spirit in Jesus' followers.

Close on the heels of Pentecost is Trinity Sunday which celebrates what is perhaps one of the most profound mysteries of our faith—our God who is three in one and one in three—which represented the efforts of our forebears to define what became known as the doctrine of the Holy Trinity. On this day, Christians from many traditions will stand and recite the Creed of Athanasius.

As the early church sought to refine its theology about the relation between the persons of the Trinity—namely Father, Son and Holy Spirit—creedal statements became increasingly long and complex. If you'll take a look at your Prayer Book, pp. 864-865, you'll see that this creed is very long and it attempts to define our beliefs to a degree of detail way beyond the Apostles' or Nicene Creeds. This theological dotting every "i" and the crossing of every "t" in a sense defined the on-going work of the Church Fathers to create a comprehensive statement of our faith.

While the intricacies of the Holy Trinity might not be on everyone's list of top faith issues, let me suggest that this historic doctrine does give us just a glimpse of God's grandeur. We can see the omnipresent Creator of the universe, we can respond to the redeeming ministry of Jesus Christ, and witness the day-to-day shaping of the church and us through the work of the Holy Spirit.

O blessed Trinity, in whom we know the Maker of all things seen and unseen, the Savior of all both near and far: By your Spirit enable us so to worship your divine majesty, that with all the company of heaven we may magnify your glorious name, saying: Holy, holy, holy. Glory to you, O Lord most high. Amen

Let us make this our prayer for the season.



**Faithfully,
Ben †**



The Healing Corner

By Petra Hendryx, St. David's Order of St. Luke Chapter Member

Frankincense was given to Jesus when he was born, and to this day, it is still used for medicinal purposes in healing aromatherapy.

Incense is mentioned in the biblical books of Exodus, Leviticus, Numbers, and Isaiah, to name a few. It was burned on the alters to God. Many times the Bible mentions aromas that are pleasing to the Lord (see Lev. 1:13, 1:17, 1:29 and Ex. 29:14.)

I have been making healing aromatherapy candles for about 10 years now, and have been using aromatherapy for my health for about 20 years. Many plants, herbs, and flowers that God made for us to use are wonderfully aromatic, and many of them have healing powers.

Lavender is one of the most popular. It helps with insomnia, tension, and stress headaches. Eucalyptus is good for sinus headaches, the easing of breathing problems, and congestion. Jasmine is good for nervous tension, depression, and anxiety. Patchouli is relaxing, giving an all over sense of well-being. Sage cleanses the air for better breathing and it is good for the nerves.

There are many more that not only help with actual physical symptoms, but can alter brain chemistry and get good, happy chemicals in the body flowing in much the same manner as a good, hearty laugh can change your body chemistry. A smell that brings back pleasant memories can alter a person's whole day!

Please be careful to use natural products like fresh and dried flowers and essential oils, especially in candles. God made the best stuff himself. Fragrances that are made with chemical can do more harm than good.

In an age of so much air pollution and bad smells everywhere, if we remember to make a conscious choice to put some 'good' smelling things in placing where we spend a considerable amount of time, we can alter our mood, minds, and health.

Volunteers Needed to Comfort the Terminally Ill

A service opportunity is available at the Mother Teresa House in Lansing. Volunteers are needed to provide care for terminally ill persons. No experience is needed and everyone can help. Share your presence with others by attending an orientation meeting on Friday, June 11th from 8:00 a.m. – 10:00 a.m.

If you'd like more information, please call Erma at (517) 484-5494, Monday through Friday between 1:00 p.m. –5:00 p.m.





Christian Education News

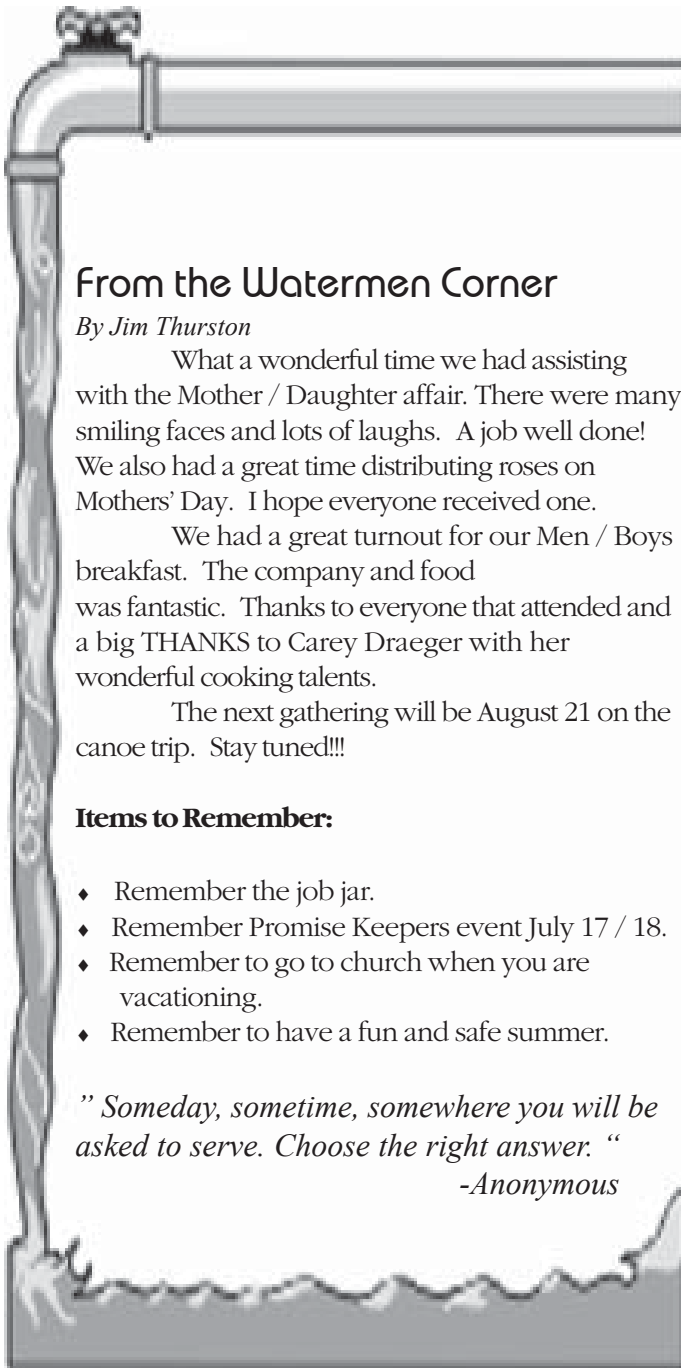
By Debbie Cornell

Cedar Point Trip Planned for High School Students

The high school students are planning a trip to Cedar Point the weekend of July 24th and 25th. We will be leaving early Saturday, July 24th and staying the night at Cedar Point, returning Sunday, July 25th in the early evening. Mark your calendar!

August 8th Service to be held at Grand Woods Park. Mark your calendar for August 8th, when the 9:30 a.m. service will be held at the Grand Woods Park off Willow Road.

A picnic dinner with games, prizes and fellowship will follow the service with hotdogs and hamburgers to be provided by the Christian Education Department. Please bring a dish to pass. Fun for all!



From the Watermen Corner

By Jim Thurston

What a wonderful time we had assisting with the Mother / Daughter affair. There were many smiling faces and lots of laughs. A job well done! We also had a great time distributing roses on Mothers' Day. I hope everyone received one.

We had a great turnout for our Men / Boys breakfast. The company and food was fantastic. Thanks to everyone that attended and a big THANKS to Carey Draeger with her wonderful cooking talents.

The next gathering will be August 21 on the canoe trip. Stay tuned!!!

Items to Remember:

- ◆ Remember the job jar.
- ◆ Remember Promise Keepers event July 17 / 18.
- ◆ Remember to go to church when you are vacationing.
- ◆ Remember to have a fun and safe summer.

" Someday, sometime, somewhere you will be asked to serve. Choose the right answer. "
-Anonymous

WMEC Cursillo News

Eastern Deanery Ultreya is Sunday, June 13th at 3:30 p.m. at Emmanuel in Hastings. Please bring songbook and a dish to pass for the potluck.

The 20-year anniversary of Western Michigan Episcopal Cursillo is this year! There is a celebration being planned for Saturday, July 24th; that will consist of Eucharist and a potluck at Emmanuel in Hastings. WMEC Secretariat is hoping that all previous weekend rectors and their weekend banners be present along with the 4th day community to commemorate 20 years. *Please, plan on attending!* More information will come later or see Tami Varricchio.

Special Thank you!

Hortencia Reynaga and Tami Varricchio would personally thank the following: Rev. Carol of St. Johns, Waterman & ECW of St. Davids, Jeri Hoffman, John Post, Carrie Draeger, Elaine & Heather Tolsma and pop can donors for their contribution to our Mother's Day Celebration. It would not have been a success without you all!





Promise Keepers Event in Detroit

A Promise Keepers stadium event will be held on July 16th and July 17th at the Joe Louis Arena in Detroit.

Anyone who would like to join others from St. David's that will be attending this program can register online at www.promisekeepers.org.

The St. David's Watermen have agreed to cover the cost (\$79.00) for a parishioner to attend. If you are interested in attending, please see Jim Thurston.

For more information on this event, please see John Post or the bulletin board in the hallway.

Vacation Bible School Returns

By *Debbie Cornell*

Vacation Bible School will return again this year with a theme of Treasure of the Nile during the week of Sunday June 20th through Thursday, June 24th, from 6:00 p.m. – 8:00 p.m. Children ages Pre-K through 5th grade are invited to attend. Snacks and dinner will be provided.

Volunteers are needed to help run this event. In particular, we are seeking volunteers for the following positions:

- ◆ Adult Storytellers
- ◆ Kitchen Leaders
- ◆ Group Leaders
- ◆ Music Leaders (anyone who can help!)
- ◆ Leader for Games
- ◆ Help with props and painting



A Great Big Thanks!

Generous Support Contributes to Garage Sale Success

By *Eileen Newhouse*

Thank you all for your most generous contributions of saleable items and many hours of helping to make sure our 2004 ECW garage sale was a successful fundraiser.

St. David's ECS will be able to support many worthy projects due to your assistance. Please watch for announcements in future issues of the Good News Letter.

Our next ECW meeting will be held on June 14th at 7:00 p.m. at St. David's. Please join us for wonderful fellowship. For more information on ECW, please see Eileen Newhouse.

Cleaning of the Garth

A big "Thank you" goes out to

Shirley Matthews and **Nancy Burns** who selflessly cleaned out St. David's Garth. Please take a look of what they've done and thank them for their efforts.

Way to go!



Teddy Bear Sunday a Big Success

By *Meda Thrall*

We did it again this year! Teddy Bear Sunday was a big success, thanks to the people, both little and big, of St. David's.

It's a fun and rewarding project to know we are a part of helping children that need something to cuddle and love in a troubled time in their life. It's great to be a part of your enthusiasm for this project.

The firemen were grateful and the parish children enjoyed seeing the fire truck and ambulance close up. Thank you again for your donations.



Bible Study Trivia

Test your bible knowledge! Answers at bottom of page.

No cheating!

- 1) In Revelation 18:4 God told His People to come out of what city?
 - A. Canaan
 - B. Edom
 - C. Egypt
 - D. Babylon
- 2) John 5:19 reads "And we know that we are of _____, and the whole world lieth in wickedness."
 - A. grace
 - B. Christ
 - C. God
 - D. promise
- 3) "Even so faith, if it hath not _____, is dead, being alone."
 - A. love
 - B. grace
 - C. works
 - D. acts
- 4) Christ said that He came to call the _____ to repentance.
 - A. sinners
 - B. righteous
 - C. Jews
 - D. Israel
- 5) In Revelation 4:1 who is told to "Come up hither"?
 - A. the church
 - B. John
 - C. Christians
 - D. Paul
- 6) What sign did God give to Hezekiah so he would know that God would add fifteen years to his life?
 - A. The shadow on the sun dial would go back ten degrees
 - B. gave Hezekiah great riches
 - C. gave Hezekiah great wisdom
 - D. made him king of Judah
- 7) Paul said to "Walk in the _____." And we will not fulfill the lust of the flesh.
 - A. spirit
 - B. law
 - C. Lord
 - D. love of God
- 8) The fruit of the spirit is made up of how many traits?
 - A. seven
 - B. eight
 - C. nine
 - D. ten
- 9) In II Timothy, Paul said we should "Study to shew thyself _____ unto God."
 - A. worthy
 - B. approved
 - C. smart
 - D. faithful
- 10) Who is the oldest person in the Bible?
 - A. Enos
 - B. Mahalaleel
 - C. Enoch
 - D. Methuselah
- 11) Who is the first person to build an altar unto the Lord?
 - A. Abraham
 - B. Isaac
 - C. Jacob
 - D. Noah
- 12) What was the first bird Noah sent forth from the ark?
 - A. dove
 - B. raven
 - C. nuthatch
 - D. eagle
- 13) The gift of the Holy Spirit that was given in Acts: Chapter 2 was spoken by which prophet of the Old Testament?
 - A. Joel
 - B. Daniel
 - C. Habakkuk
 - D. Malachi
- 14) Who led a rebellion against the authority of Moses and the ground swallowed them up?
 - A. Molech
 - B. Izhar
 - C. Aaron
 - D. Korah

1) D 2) C 3) C 4) A 5) B 6) A 7) A

8) C 9) B 10) D 11) D 12) B 13) A 14) D



Wish a Happy Birthday...

June

2	Sarah Taber	16	Katy Rose Smith
2	Fred Wegener	16	Mike Wils
3	Matt Munson	18	Pat Vine
4	Alyssa Shadowens	19	Ross Hill
6	John Post	20	Alfonso Reynaga
7	Jeff McNeil	21	Kay Paff
9	Dick Otto	23	Heather Tolsma
9	Kerry Chapin	26	Dominque Damico
13	Harry Grant	28	Charlie Parker
14	Carol Williams	29	Dylan Lovejoy
15	Andrew Pike	30	Diane Kent

Happy Anniversary!

June

2	Reece and Elizabeth Robins
10	Tim and Stephanie Cote
14	Tom and Nancy George
16	Ken and Lois Klumpp
20	Walter and Marci Reynolds
20	John and Sandra Bechtel
21	Scottie and Helen Lee
25	John and Barb Post
25	Ric and Rhonda Sorrell
30	Mark and Doris Hosmer
30	Bobby and Kristin Pfauth



* If your birthday or anniversary isn't listed, then we don't have it on record! Please let the office staff know, so we can publish it in the upcoming church directory and the newsletter!

Camp Applications are Due Soon

This is a reminder that applications for camp are due soon. Please remind your fellow parishioners that applications for Children's Camp in the Diocese of Western Michigan are due on June 4th – "walk-ins" are not encouraged, and we may not be able to accommodate them. Please register on time! Please find an application for the summer youth activities program as an insert in this newsletter. Questions about this program can be directed to Genevieve Callard at (269) 381-2719 or e-mail: gcallard@edwm.org.

The Diocese of Western Michigan Children's Camp (entering grades 3-6). Applications are **due June 4**.

Just a note about Children's Camp – the formation piece this year is focused around the program the Catechesis of the Good Shepherd. Many parishes in this Diocese use this curriculum or one similar to it (Saving Wisdom, Godly Play or Worship Center), so the learning will blend nicely with your yearly program. Teachers, clergy, young adults are staffing the camp, and people trained with children's formation. Some of the staff is new this year, but most are returning from last year, or many years past.

Camp Reunion & Youth and Young Adult Convention is June 24 from 4:00pm-8:00pm at the Battle Creek Outdoor Education Center at Clear Lake in Dowling Michigan.

The Diocese of Michigan (located *near* Lansing), there is various opportunities (entering grades 7-12). They are still looking to fill paid staff positions – great opportunity for college students! (Some of the rates for this camp are much higher than members of our Diocese are used to – please contact me with questions about financial aid).

The Diocese of Northern Indiana - One week of camp (entering grades 7-9). CIT positions for grades 11-12 and volunteer staff positions for high school grads and above.



The Good News Letter is published by Saint David's Episcopal Church. Members from Saint David's and Saint John's are encouraged to submit articles, information and news releases for publication. Deadlines are the 15th of the month preceding publication.

Important Information

Saint David's

Fr. David R. Pike, Rector Box 103
 Dr. Timothy Flynn, Music Director Box 147

Vestry

Tom George, Senior Warden Box 119
 Jerry Williams, Junior Warden Box 115
 Steve Leiby Box 70
 John Runcie Box 50
 Dawn Sonnenberg Box 138
 David Byers Box 15
 Debbie Cornell Box 28
 Charlie Parker Box 92
 John Post Box 87
 Charlotte Byers Box 71
 Bill Paff Box 118
 Jerri Hoffman Box 24

Office Staff

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Publications

Sarah Taber msujrnlsm@aol.com
 Amber Matthews

Service Schedule for Saint David's

Sunday: 8:00am and 10:30am
Summer service schedule starting Sunday, May 30 with services being at 8:00am and 9:30am.
 Wednesday 6:30pm
 Friday 7:00am

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Saint John's

Rev. Dr. Carol A. Spangenberg, Rector

Vestry

Will Walker, Senior Warden
 John Kozitzki, Junior Warden
 Deborah Walker, Secretary
 Mary Stafford
 Lindsay Bos
 Brett McRae
 Mike Paul
 Karen Steiner
 Ruby Stofflet
 Lisa Ward
 Linda Wheeler

Office Staff

Karen Gin, Secretary
 Dave Spangenberg, Treasurer

Service Schedule for Saint John's

Sunday: 8:00am and 10:30am
 Wednesday 6:30pm

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 (517) 327-1839 (Rev. Carol)
 www.stjohnsinfo.org

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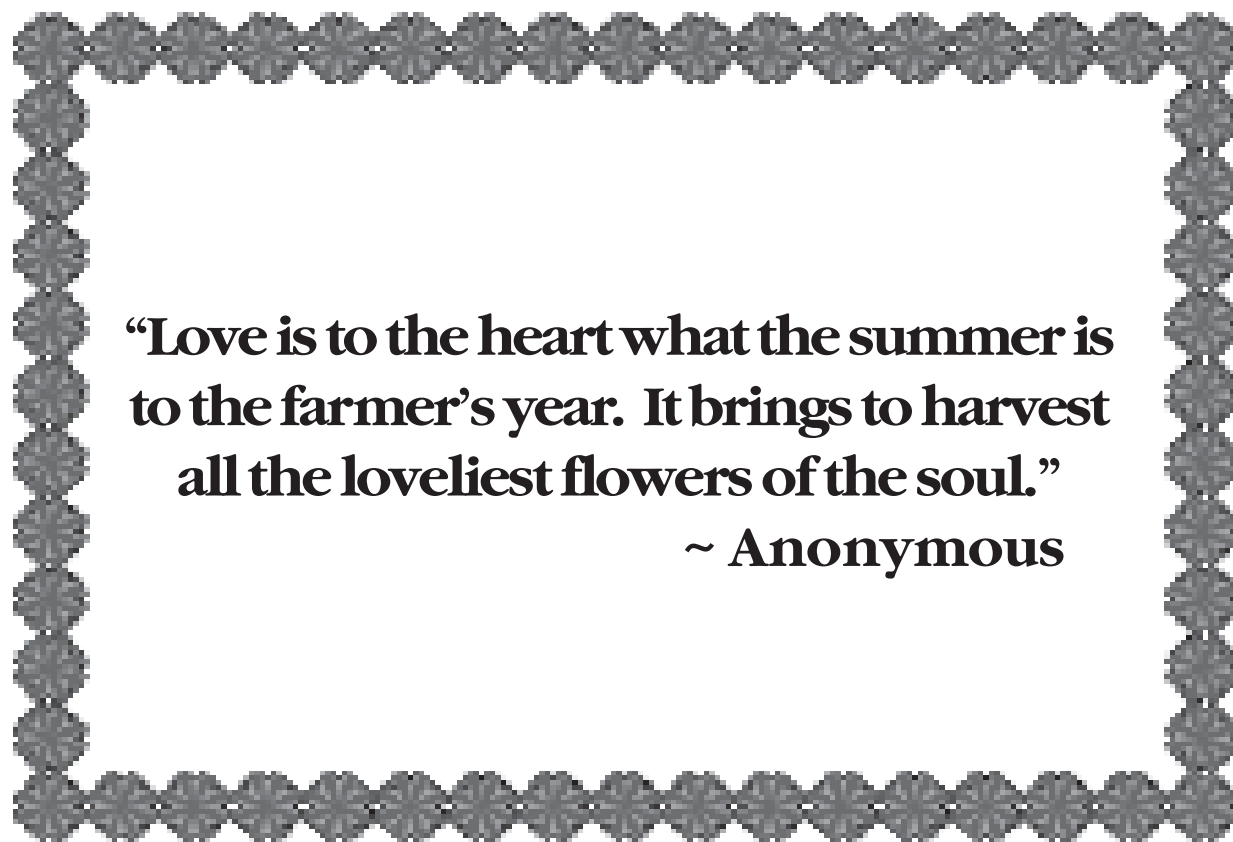
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**“Love is to the heart what the summer is
to the farmer’s year. It brings to harvest
all the loveliest flowers of the soul.”**

~ Anonymous